

Energy Shedders



The Energy Shedders work alongside **Men's Sheds** in **North** and **South Lanarkshire**, supporting attendees to learn about energy advice and how to install practical, low cost energy efficiency measures, and providing training and development opportunities.

The Energy Shedders support the shed attendees to share the knowledge and skills they've gained with their own networks, delivering workshops and advice sessions to others in their local communities.

Working alongside the Energy Shedders, shed attendees will have the opportunity to help build and implement low cost measures – like draught excluders, lining curtains – in the homes of family, friends and others in the community.

Combining their practical experience, the tools available at the sheds and the knowledge they'll gain about energy efficiency, Men's Sheds attendees will learn new skills, extend their network and make improvements in their local area.





We work with Men's Sheds across **North and South Lanarkshire** to provide workshops, training, mentoring and advice. The Men's Sheds movement is unique in that it is the first dedicated to providing a space for men, focused not only on providing a **social network** but also a **safe place** to discuss health issues and concerns with peers. Fuel poverty is something that older people can be particularly vulnerable to, exacerbating and causing health issues. It has also been found to increase social isolation, something which can be a particular issue for older men.





Energy Shredders is funded by the Energy Industry Voluntary Redress Scheme and delivered by the Wise Group, a leading social enterprise that transforms lives across Scotland and North East England.

Working to build bridges to opportunities, the Wise Group's work across community justice, employment services, skills and energy advice and advocacy has reducing poverty and creating a fairer society at its core. Our energy advice and advocacy work provides free, impartial advice to tangibly reduce fuel poverty and support those with health issues exacerbated by their situation.



w i s e g r o u p

Energy Shredders

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